

Give us this day our daily bread.

Preview Your Day

- Preview your day before God's throne.
- Name each responsibility before God.
- Ask for what you will need for each appointment, commitment, and meeting.
- Accept His divine interruptions.
- Predetermine NOT to worry.
- Finances.
- Time use - maximize the results.
- Rest.
- Fun, Joy, Friendship and Community.
- Confess your inability to accomplish anything without Him.
- Seek His power to accomplish everything.
- Declare that Jesus is your bread of life, and you are satisfied with Him alone.

And forgive us our debts as we have forgiven our debtors

Search Your Heart

- Walk down the corridors of your mind. What pictures of bitterness or guilt are hanging on the walls?
- Bring each specific sin before God.
- Apply the cross to each sin.
- Give thanks for the Cross and the forgiveness Jesus made possible.
- Seek insight into past mental programming.
- Seek freedom from heartbreaking patterns.

Declare Your Hope

- Stand again in Christ's forgiveness.
- Reject any thought of additional payment.
- Picture yourself as a returned prodigal.
- Feel God's embrace.

Release Bitterness

- Tell God that you forgive others.
- Uncage your pet victims.
- Renounce bitterness, resentment, grudges. Turn each one over to God.
- Preset your will to forgive. I will be a forgiver today, by your grace.

And lead us not into temptation, but deliver us from evil [the evil one].

Take Your Stand

*We are more than conquerors.
No weapon formed against us shall prosper.
The angel of the Lord camps round about those who fear him.
Submit yourselves, therefore, to God.
Resist the devil, and he will flee from you.*

*I see myself as an invincible soldier of the King Most High and no evil can defeat me!

Put on Your Armor

*Belt of Truth--everything hangs on God's reality.
Breastplate of righteousness--my heart's safety depends on who You are.
Boots of the Gospel of Peace--to stand and to press forward in evangelism.*

Shield of Faith--I trust you, God. No darts of worry, lust, anxiety, fear, doubt, disillusionment, hostility, revenge, cynicism, etc., will get through as long as I'm trusting You.

Helmet of Salvation--My thoughts are filtered through who I am in Christ.

Sword of the Spirit--the power is You, Holy Spirit, as you speak your Word to me and through me and in my actions.

*God, I know my armor is Christ. You are my shield and refuge! Live through me, and defeat Satan's plans through me today.

Fight

- Reject the devil, his demons, and his work.
- Declare your allegiance.
- Admit your helplessness apart from grace.
- Call for revival.
- Pray for the destruction of strongholds.
- Claim people for the Kingdom of God.
- Pray for regions, areas, nations, the world.
- Seek the hedge of protection for yourself this day.
- Announce the victory on Christ's authority.

For yours is the Kingdom and the power and the glory forever. Amen!

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